

Coconut. Ginger. Shrimp. Rum.: Caribbean Flavors for Every Season (Hardback)



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Reviews

It is just one of the best ebooks. I was able to comprehend everything out of this composed e pdf. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ocie Hintz)

COCONUT. GINGER. SHRIMP. RUM.: CARIBBEAN FLAVORS FOR EVERY SEASON (HARDBACK)**DOWNLOAD**

Skyhorse Publishing, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. Enjoy these savory, sweet, and always authentic edible treasures. The recipes in this book will highlight seasonal bounties and four major Caribbean flavors, resulting in a basketful of healthy recipes (many vegetarian), which the author refers to as edible treasures. This innovative cookbook presents a new way to look at the four seasons through four ingredients that are integral to Caribbean flavors and culture, but available everywhere. Coconut, ginger, shrimp, and rum each boast unique health benefits, but are still simple and fundamental ingredients that will take any cook through the year, and especially highlighting seasonal ingredients! The book is divided into four seasons, and each of those is divided into Light Fare, Mains, To Sip, and Sweets. Recipes include: * Coconut spiced cashews * White coconut gazpacho * Rum buttered jerk wings * Spring pea and ginger risotto * Rhubarb ginger challah * Salsa verde coconut rice * Grilled strawberry ginger shortcake * Garlicky parmesan shrimp fava bean ravioli * Poached pear negroni.

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