



## The Courage to Change

By Angela Solstice

Soul House LLC, United States, 2014. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.When I look back on my life I can see how I have always been trying to change it. I've always tried to do the right thing but always seemed to find myself in a place of emergency, chaos, and heartbreak. Life had not been easy for me and I struggled often trying to once again get back onto my feet. Honestly, I should not be here on Earth experiencing any sort of happiness or peace. There is nothing about my past or my story that would hint to the kind of woman I have evolved into today. I should be discouraged, broken, and lifeless, but I am not. I had the courage to change my life and my hope is that I can empower you to do the same. I believe that in everyone there lives a soul, filled with good intentions, creativity, and intuition. The Courage to change is my story of how I tapped into these virtues. I give you my story along with the exercises, readings, and affirmations I used to...

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