



## Riding Home The Power of Horses to Heal

By Tim Hayes

St. Martin's Press. Hardcover. Condition: New. 368 pages. Dimensions: 0.0in. x 0.0in. x 0.0in. For thousands of years one animal has contributed to human survival more than any other. It has been a source of food, a means of transportation, a provider of physical labor and an instrument of war. This extraordinary creature is the horse. Throughout human history people have loved, owned and ridden horses. Horses fascinate us; they silently speak to our hearts. Young and old, rich or poor we are drawn; whether to books like *The Horse Whisperer*, events like the Kentucky Derby, TV Specials like the award winning HBO movie *Temple Grandin* or movies like Steven Spielberg's *War Horse*. Millions of people horse owners and non-horse owners alike have also discovered the amazing abilities of horses to help us heal and recover from disabling physical and mental conditions such as autism and multiple sclerosis by participating in what is known as Equine Therapy. Now something quite extraordinary has been discovered about the ability of horses to help humans. Men and women afflicted with severe emotional damage are healing and making dramatic recoveries by receiving the simple love, understanding and acceptance that comes from establishing a relationship with...



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