# Personal Development Simplified: An Easy to Follow Guide to Personal Development for Beginners. Identify and Break Negative Patterns. Become a Better Version of Yourself. Guaranteed. (Paperback)





### **Book Review**

This book is definitely not effortless to start on looking at but really exciting to see. It really is simplistic but surprises from the 50 % from the pdf. I am just effortlessly can get a delight of looking at a published book. (Thurman Schamberger)

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