



A Taste of the Mediterranean: Delicious Greek Recipes to Boost Your Health - Try These Wonderful Mediterranean Delicacies (Paperback)

By April Blomgren

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Greece is one of the most visited countries in Europe. When you think of Greece, you certainly think of their sea - but also on their very delicious light food, which makes your vacation more pleasant and better. Its Mediterranean character is well-known often by use of the olive oil, garlic, oregano and parsley. Cinnamon, carnation and basil are often used as a meat sauce, or side dish. Also, there are often some exotic fruits in the recipes - such as lemon and orange. Sometimes just the smell is enough (when you go past the Greek restaurant) to remind you of this beautiful country and of your perfect vacation. The Greek Sea is a true earthly paradise, but their food is a very important factor which contributes to it. If you enjoy eating on the terrace, looking at the sea while listening to Greek traditional music - this book is perfect for you!.

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