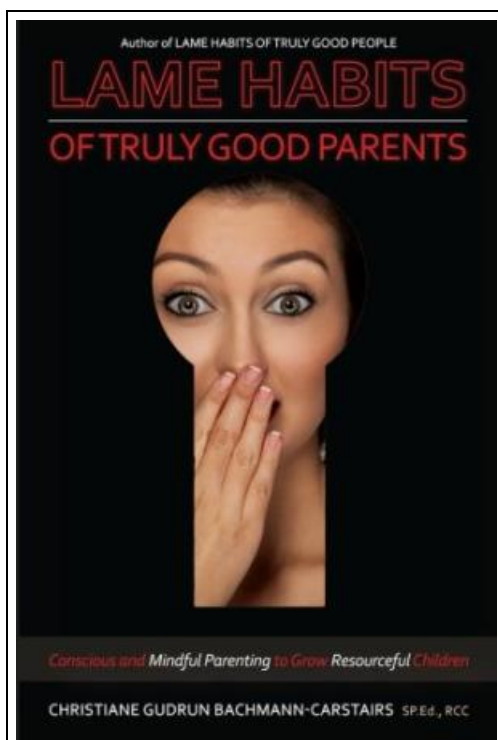


Lame Habits of Truly Good Parents: Conscious and Mindful Parenting to Grow Resourceful Children (Paperback)



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Reviews

The book is great and fantastic. Better than never, though i am quite late in start reading this one. I realized this publication from my dad and i advised this ebook to find out.
(Dr. Blair Mann)

LAME HABITS OF TRULY GOOD PARENTS: CONSCIOUS AND MINDFUL PARENTING TO GROW RESOURCEFUL CHILDREN (PAPERBACK)



To get **Lame Habits of Truly Good Parents: Conscious and Mindful Parenting to Grow Resourceful Children (Paperback)** eBook, make sure you click the hyperlink beneath and save the file or get access to other information that are highly relevant to LAME HABITS OF TRULY GOOD PARENTS: CONSCIOUS AND MINDFUL PARENTING TO GROW RESOURCEFUL CHILDREN (PAPERBACK) eBook.

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Gaining a fresh perspective helps! Our fast-paced modern lives easily leave us feeling overwhelmed, worried, or burdened. Whether you re unsure about your parenting skills, facing a family challenge, or are spread too thin, learning better coping behaviors and new skills will help you gain awareness of your own strength, and build your parenting tool box. What makes for a good-enough parent? What does conscious and mindful parenting look like? As working parents, what do we need to know to grow smart, and emotionally intelligent children? This book offers a refreshing new perspective on how our daily struggles as parents are predetermined by something much bigger than our child s misbehavior. Therefore, this book is not your typical parenting 101-type book filled with parenting advice about discipline and potty training (as important as those are). Instead, it will challenge you to explore dusty corners long forgotten to parent consciously today. Working mothers are a fact in this day and age. While millions of mothers have joined the job market, and working fathers are taking on the task of child-rearing in ever greater numbers, they still ask: What will I do with my kids? 71 of mothers with children under the age of 18 are in the labour force. 64 of those mothers have children under the age of six (U.S. Bureau of Labour Statistics). Our workplace culture, is for the most part, still built on a model that dictates a strict work and home life separation offering working parents few choices, while healthy childhood development demands heavy parental involvement. Skillful and sometimes funny, interspersed with thought-provoking questions and exercises, the author takes us on a journey to come to understand our children...



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