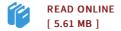


125 Best Microwave Recipes

By Johanna Burkhard

Firefly Books Ltd. Paperback. Book Condition: new. BRAND NEW, 125 Best Microwave Recipes, Johanna Burkhard, "Perform microwave magic in your kitchen." Typically, microwave ovens are only used to heat leftovers, thaw frozen foods or nuke popcom. Yet, there are many benefits to microwave cooking, such as: A greater retention of taste and natural flavors More vitamins and minerals are retained for better nutrition Shorter cooking times use less electricity than a conventional oven Less mess to clean up In 125 Best Microwave Recipes, Burkhard brings her culinary expertise to this versatile and convenient appliance with outstanding recipes for delicious main meals in a fraction of the time required by conventional ovens. From the tantalizing Chicken Creole, Beef, Macaroni and Zucchini Casserole to the Salmon Steaks with Creamy Tomato-Dill Sauce there is a variety of recipes for every occasion and taste. Grains and pastas are particularly well suited to cooking in a microwave. Lemon Barley Pilaf with Mushrooms, Asparagus Risotto, Ling uine with Broccoli-Tomato Sauce and Tortellini with Basil, Cream and Walnut Sauce are sublime when cooked in the microwave. There is also a wonderful array of recipes for appetizers, side dishes and desserts. The recipes in 125 Best Microwave Recipes reflect...



Reviews

Extremely helpful to any or all category of men and women. It really is rally exciting throgh reading time. I am just happy to let you know that this is basically the greatest pdf i have got go through in my personal existence and may be he finest book for at any time. -- Carroll Greenfelder IV

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