



## Ageless Spirit: Source of Joy, Strength, Creativity in Later Years (Paperback)

By Dorothy Lewis

iUniverse, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is not about aspects of old age, for what are they but descriptions of the outer human shell? Shell, yes-not the real you at all. Who are you? In her quiet, gentle way, the author tells you-you are Ageless Spirit. Part of the great Life/Love energy that encompasses and flows through every single life form-a huge, wonderful unifying energy. Ageless Spirit is tireless, is never ill or sad or defeated. It is magic and mystery and wonder, yet it can be expressed in as tiny a way as in the rescue of a wee fledgling that has fallen out of its nest and needs reuniting with its mother. In this book the author shares some of the ways that we, older folk, can be in touch with our inner Ageless Spirit; can use magic, meet angels, share healing; and, best of all, can usefully, powerfully, spread in the world the so badly needed Ageless Spirit energy.

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