



## Each Breath a Smile

By Dong Nguyen

Plum Blossom Books. Paperback. Book Condition: New. Nguyen Thi Hop (illustrator). Paperback. 32 pages. Dimensions: 10.8in. x 8.3in. x 0.2in. Each Breath a Smile introduces preschool-aged children to mindful breathing. Through beautiful color illustrations, children learn to connect with their breathing to help them experience calmness and enjoy a deeper relationship with their friends and family. Illustrations of trees, frogs, crickets, and birds remind them of the many simple joys available in the world around them. With twenty-eight full-page color illustrations by artists Nguyen Thi Hop and Nguyen Dong, this book will delight children while serving as a valuable resource for parents and teachers. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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### Reviews

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*This book is so gripping and fascinating. Of course, it is actually perform, still an interesting and amazing literature. You will not feel monotony at anytime of your respective time (that's what catalogs are for about in the event you request me).*

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