



## Its About Skiing and Not the Skis Behavior Theory, Skiing, and Ski Teaching

By Jay Eacker

iUniverse.com. Paperback. Book Condition: New. Paperback. 108 pages. Dimensions: 8.5in. x 5.5in. x 0.2in. People have been skiing-and no doubt teaching others to do the same-for thousands of years. The earliest evidence for it is a picture on the wall of a cave in Norway that was drawn sometime around 4500 BC. Skiing is something that we do. It is a behavior. Teaching others to ski is also something that we do. It, too, is a behavior. Pavlov and his dog helped prove that behavior is lawful and orderly. Various forms of conditioning as well as reinforcement, generalization, discrimination, punishment, and extinction promote certain behaviors. But what prompts us to ski and to teach others to do the same These behaviors can be accounted for, but no one has done it-until now. Develop a better understanding of what we get out of skiing and become a better skier or ski instructor in the process. You'll gain a greater appreciation of the sport once you discover Its About Skiing and Not the Skis. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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