



The Secrets Journey to the Inner Self: Relaxing Through Colors - Adult Coloring Book with Affirmations (Paperback)

By Ella Monroe

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Secrets Journey to the Inner Self is a drawing book dedicated to adults who want to reconnect with their own inside creativity and to relax thru coloring in the wonderful world of art. A simple and inexpensive way to reach the relaxing mood, this book contains the coloring design models specially made to make your spirit travel into the magical universe where you ll discover the secrets of a fulfilled life. The journey of our life will form the perspective of our own universe forcing us to discover ourselves. These patterns design will lead you into your interior world, without boundaries, helping you to relax for a few minutes while you enjoy the wonderful universe of colors. My drawing designs vary in complexity from beginner to advanced, starting with realistic patterns into beautiful combinations of geometric shapes, Mehndi Designs, Mandalas for each zodiac sign, greeting cards for zodiac signs, nature scenes, floral designs, tessellation patterns, animal designs, fanciful faces, and fashion fantasies to offer a variety of interesting challenges. The book is perfect step to rediscover the love...



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