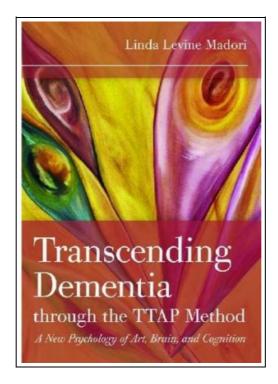
## Transcending Dementia Through the TTAP Method (Paperback)



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#### TRANSCENDING DEMENTIA THROUGH THE TTAP METHOD (PAPERBACK)



Health Professions Press, U.S., United States, 2012. Paperback. Condition: New. New edition. Language: English. Brand New Book. The brainstimulating approach known as Therapeutic Thematic Arts Programming (TTAP) has a proven record of improving the lives of people with dementia by increasing their engagement and functioning. In Transforming Dementia through Therapeutic Thematic Arts Programming: A New Psychology of Art, the Brain, and Cognition you now have all the tools and instructions for putting this innovative and life-affirming approach to work in your own care setting. You too can successfully enervate the minds and hearts of people living with this challenging cognitive disease. Participation in the creative arts has been shown to promote cell growth that enhances the brain s ability to learn and recall new information, create new ideas, and make new connections. Using 12 separate forms of creative expression - ranging from sculpture and painting to physical movement and mental imagery - TTAP builds on themes in an integrative way that helps each individual with dementia draw upon memories, feelings, and intellectual reserves that promote positive self-regard and active social participation. Sample activity protocols guide you through the process of engagement to help you quickly master the steps. Activities using the TTAP method can provide: significant stimulation and integration of multiple brain regions -enjoyment, engagement, creativity, relaxation, and a sense of purpose for people with even advanced dementia -an easy-to-follow framework that allows infinite variations on themes and personal interests -complete documentation for tracking and evaluation -opportunities for one-on-one or group programming By blending the principles of art and therapeutic recreation with the latest findings in brain research, Transforming Dementia through Therapeutic Thematic Arts Programming presents an exciting new psychological taxonomy that captures the dynamic interplay between brain functioning and expressive and emotional stimulation.



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