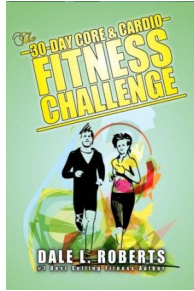


## The 30-Day Core Cardio Fitness Challenge (Paperback)



### Book Review

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(Dalton Mertz)

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