



A Wellness Guide for the Digital Age

By Dr Kerry Crofton PhD

Global Wellbeing Books. Paperback. Book Condition: New. Paperback. 384 pages. Dimensions: 8.9in. x 5.9in. x 1.2in. This is a revision of Wireless Radiation Rescue and the updated 2014 edition of A Wellness Guide for The Digital Age. Our website is: www.safertechsolutions.org This generation spends much of their time inside, on digital devices, immersed in harmful levels of wireless radiation. Many are tech-obsessed and disconnected - from themselves, each other and the natural world. Most parents and grandparents are unknowingly putting their children - born and unborn - at risk with the unsafe use of all things wired and wireless. We want our children to be tech-savvy, but we also want them healthy they can be connected in this digital age in much safer ways - at home and at school. And many people are taking great care to age well but missing a key strategy - living in a safer-tech environment. Here's what all of us need to know: the research and recommendations with easy and affordable solutions from the world's leading experts: How to keep the convenience of digital and mobile devices and reduce the potential health hazards at all stages of life: - Pregnancy and Parenting - ...



READ ONLINE
[4.36 MB]

Reviews

This book is really gripping and interesting. Of course, it is actually perform, still an interesting and amazing literature. You will not truly feel monotony at whenever you want of your time (that's what catalogues are for concerning when you request me).

-- **Claud Schaden**

Most of these ebook is the best publication available. It is definitely simplistic but unexpected situations within the 50 percent of the book. You will not sense monotony at at any moment of the time (that's what catalogs are for relating to in the event you request me).

-- **King Wunsch**