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# CAROB COOKBOOK FOR THOSE WHO LOVE CHOCOLATE, BUT CANT EAT IT



Sunstone Press. Paperback. Book Condition: New. Paperback. 112 pages. Dimensions: 8.3in.  $x \, 0.4$ in. Heres a cookbook for anyone who loves the taste of chocolate but doesnt want the caffeine, fat or the fear of allergic reaction to chocolate. Enjoy over 90 recipes that use carob instead of chocolate and get a flavor that mimics it almost exactly with the added benefits of fiber, Vitamin B complex, 15 minerals including calcium, and less calories. Whether you want to cut down...

### Read PDF Carob Cookbook For Those Who Love Chocolate, But Cant Eat It

- Authored by Tricia Hamilton
- Released at -



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#### Reviews

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The most effective publication i ever study. I am quite late in start reading this one, but better then never. You wont sense monotony at whenever you want of your time (that's what catalogs are for concerning in the event you ask me).

-- Prof. Erin Larson I

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