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My Kitchen Year: 136 Recipes That Saved My Life (Hardback)

By Ruth Reichl

RANDOM HOUSE, 2015. Hardback. Condition: New. Language: English . Brand New Book. NEW YORK TIMES BESTSELLER - NAMED ONE OF THE BEST BOOKS OF THE YEAR BY Los Angeles Times - NPR - Men s Journal - BookPage - Booklist - Publishers Weekly In the fall of 2009, the food world was rocked when Gourmet magazine was abruptly shuttered by its parent company. No one was more stunned by this unexpected turn of events than its beloved editor in chief, Ruth Reichl, who suddenly faced an uncertain professional future. As she struggled to process what had seemed unthinkable, Reichl turned to the one place that had always provided sanctuary. I did what I always do when I m confused, lonely, or frightened, she writes. I disappeared into the kitchen. My Kitchen Year follows the change of seasons--and Reichl s emotions--as she slowly heals through the simple pleasures of cooking. While working 24/7, Reichl would throw quick meals together for her family and friends. Now she has the time to rediscover what cooking meant to her. Imagine kale, leaves dark and inviting, sauteed with chiles and garlic; summer peaches baked into a simple cobbler; fresh oysters chilling in a box of...



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