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Tranquility: Cultivating a Quiet Soul in a Busy World

By David W. Henderson

Baker Publishing Group, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book. There s never enough time. So we try to cram as much as possible into what little time we have--work, friends, play, rest. But what if How do I fit it all in? isn t the right question? Scripture has a lot to say about time. Taking a cue from Ecclesiastes-- Better one handful with tranquility than two handfuls with toil and chasing after the wind --and drawing on everything from Augustine s Confessions to conversations with air traffic controllers, David W. Henderson encourages us to move beyond merely trying to open up a bit of margin or to say no once in a while, and to take a purposeful step back from our lives to examine those internal and external dynamics that propel us into busyness and hurry. Sharing honest stories about his own struggles with busyness, he helps readers explore the way the Scriptures frame our time--understanding the times, making the most of the time, and trusting God with the rest. For anyone who is tired of feeling the push and pull of our time-bent culture, this book...



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Reviews

Complete guide for publication fanatics. It is full of knowledge and wisdom You will not really feel monotony at at any time of your respective time (that's what catalogues are for about should you question me).

-- **Arely Dare**

Thorough information! Its this kind of good read. Yes, it is perform, continue to an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Loyal Grady**