



## Make Me Happy (Paperback)

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By Dave Paul Campbell

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Everyone wants to be happy, but many people have trouble achieving consistent happiness. This can be the result of misunderstanding what happiness is and how to bring more of it into a person's life. This book explores the foundations of happiness and the building blocks that make it a reality. It also debunks the idea of entitlement to happiness and provides methods for successfully planning a happier future. When you understand what to expect from life and begin to cultivate opportunities for happiness, you probably will say, I am happier.



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