



The Little Book of Chakras

By Patricia Mercier

Gaia Octopus Publishing Group Aug 2017, 2017. Taschenbuch. Condition: Neu. Neuware - The chakras are vibrant, coloured energy wheels or centres of spiritual power, located within the subtle body, through which our life energy flows. This beautifully illustrated little book will help you to awaken your chakras to improve your physical health, balance energies and resolve physical, emotional and spiritual issues. With detailed descriptions of the chakras and their associations and easy-to follow exercises and activities, you will learn how to work with each of these powerful centres of energy to enhance all aspects of your life. 96 pp. Englisch.



[READ ONLINE](#)
[2.33 MB]



Reviews

The ideal pdf i at any time go through. It is really basic but unexpected situations from the fifty percent of your pdf. Its been designed in an extremely easy way and is particularly only after i finished reading this pdf through which really changed me, alter the way i really believe.

-- **Prof. Kendrick Stracke**

This pdf can be worthy of a read through, and superior to other. It generally does not expense excessive. Its been printed in an exceptionally simple way and it is just soon after i finished reading this ebook in which in fact modified me, change the way i really believe.

-- **Mr. August Hermiston PhD**