



Circle of Care and Hope: An Adaptation and Empowerment Mental Health Healing Model for Blacks (Paperback)

By Dr Judy E Vansiea Dnp MS Ma Aprn-Pmhnp

Outskirts Press, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.I designed a holistic, interventionist approach to treating Blacks with mental illnesses and addiction. Specifically, this approach integrates and adapts three distinct principles of healing: a biblical worldview, which includes the various spiritual practices of the laying on of hands and anointing with oil, prayers and meditations, uplifting scripture readings, faith-centered music, and church fellowship; practices that are culturally appropriate for Blacks, which include building trust, focusing on strengths, accounting for a community-based mentality, and incorporating uniquely Black spirituality; and multitheoretical healing practices, which include therapies based on self-efficacy theory, cognitive behavioral therapy, motivational interviewing, twelve-step chemical dependency treatments, Abraham Maslow s hierarchy of needs, and Madeline Leiningers transcultural nursing theory. The purpose of this Doctor of Nursing Practice (DNP) capstone project was to engage and empower Black people with a Circle of Care and Hope that helps them overcome their unequal access to effective mental health treatment. Blacks have historically distrusted the Western and Caucasian-dominated model of mental health, which has governed most medical and psychiatric treatments in the United States. This distrust understandably stems from a history of extreme racism, including...



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