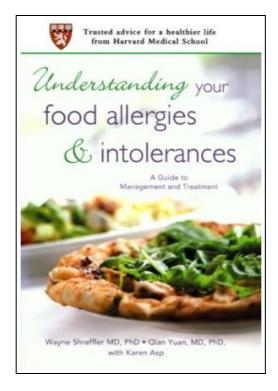
Understanding Your Food Allergies and Intolerances: A Guide to Their Management and Treatment (Paperback)



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Reviews

Undoubtedly, this is the best work by any author. It is really simplified but shocks within the 50 % in the publication. Its been written in an extremely straightforward way and is particularly just following i finished reading this publication by which basically altered me, modify the way in my opinion.

(Vivianne Dietrich)

UNDERSTANDING YOUR FOOD ALLERGIES AND INTOLERANCES: A GUIDE TO THEIR MANAGEMENT AND TREATMENT (PAPERBACK)



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Griffin Publishing, United States, 2012. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. This is a comprehensive overview of food sensitivities, including food allergies and food intolerances. The authors clear up much of the confusion consumers have about food sensitivities as they help food-sensitive individuals understand their symptoms, manage their condition and learn to enjoy eating again. It features: listing of most common food allergies; examination of the differences between allergies and intolerances; discussion of where to look for hidden food allergens; case studies of various allergic reactions; questions to ask your doctor; guide to travelling with food allergies; quiz for when to get tested; and a look at new and future treatments for food sensitivity.

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