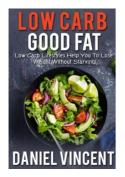
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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*I would like to personally welcome you to Low Carb Good Fat. I have created this book to share my story since discovering this way of eating. This is me, Daniel Vincent, before I discovered Low Carb Good Fat. Like most modern Westerners I started my day with cereal, had a mid-morning biscuit, sandwiches for lunch, then an evening meal-meat

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- · Authored by MR Daniel Vincent
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