



## Yoga Dogs Deck and Book Set

By Alison Denicola, Daniel Borris

U.S. Games, United States, 2017. Cards. Condition: New. Language: English . Brand New Book. Yoga Dogs Deck Book Set features the delightful animal photography and clever digital craft of Dan Borris. The set includes 44 cards and a full color 96-page guidebook that explains the yoga poses and their benefits, with step-by-step instructions for practicing each yoga pose. Yoga Dogs includes some pups that are playful and others that are pensive, yet each one shares a message of yoga wisdom to guide you through these fun yoga challenges. This warm and fuzzy deck may inspire you to sit, stretch and roll over! Cat lovers check out Yoga Cats Deck Book Set. Alison DeNicola is a yoga teacher, energy healer and author of Mudras For Awakening the Energy Body and Mudras for Awakening the Five Elements. Dan Borris, the creative mind behind Yoga Dogs and Yoga Cats, has worked as a photographer in the advertising and music industries, including Sony and Atlantic Records. His photographs have appeared in Vanity Fair, Rolling Stone, Smiths.

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