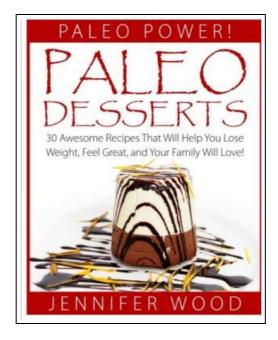
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Reviews

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(Prof. Noah Zemlak DDS)

PALEO DESSERTS: 30 AWESOME RECIPES THAT WILL HELP YOU LOSE WEIGHT, FEEL GREAT, AND YOUR FAMILY WILL LOVE (PAPERBACK)



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Print on Demand ******. Paleo Dessert Recipes Paleo Power Series, Book #1 Satisfying your sweet tooth can be challenging when you re trying to stay healthy. If you re cooking healthy food for your family, it can be even more challenging! You can feel deprived and restricted which eventually leads you to reverting to an unhealthy lifestyle. This book was created to solve that problem. I want people to enjoy their favorite desserts while still adhering to a healthy diet. This book includes 30 awesome paleo-friendly desserts that will satisfy your sweet tooth, keep your family happy, and help you lose those extra few pounds! Here Are The Recipes You Will Enjoy: Almond Maple Pie Crust Honey Graham Pie Crust Coconut Pie Crust Southern Sweet Potato Pie Filling P. B. J. Deep Dish Pie Filling Banana Whip Pie Filling Peach Cobbler Basic Chocolate Cake Maple Glazed Eggnog Cake Double Chocolate Cupcakes Apple Cinnamon Cupcakes Maple Vanilla Cupcakes Coconut Apple Cookies Choco Chocolate Chip Cookies Chocolate Blueberry Cookies Simple Pumpkin Spice Cookies Chocolate Date Brownies Chocolate Hazelnut Fudge Lemon Poppy Seed Muffins Chocolate Chip Mug Cake Banana Strawberry Ice Cream Coconut Lime Sorbet Very Berry Sorbet Chocolate Avocado Pudding Tapioca Pudding Coconut Strawberry Mousse Vanilla Bean Banana Shake Avocado Mango Smoothie Coconut Orange Julius Pumpkin Pie Coffee Download your copy today!

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