

The Make Ahead Recipe Book: Save Time, Money, and Energy with These Easy and Delicious Make-Ahead Meals (Paperback)



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Reviews




A whole new eBook with a new standpoint. Better then never, though i am quite late in start reading this one. I discovered this publication from my i and dad advised this publication to discover.
(Meredith Hoppe)

THE MAKE AHEAD RECIPE BOOK: SAVE TIME, MONEY, AND ENERGY WITH THESE EASY AND DELICIOUS MAKE-AHEAD MEALS (PAPERBACK)

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In today s fast paced and busy world, trying to find time to make delicious meals for you and your family can be a difficult task. Because of this, many people opt to purchase costly prepackaged meals or run through the drive thru of a fast food joint. While those two options can save you time, they are generally bad for the overall health of your family and can take a big bite out of your budget. So, what is a busy person supposed to do? Utilize meals that you make ahead of time, of course! And this book will show you how. The Make Ahead Recipe Book: Save Time, Money, and Energy with these Easy and Delicious Make-Ahead Meals shows you how to create 25 easy and delicious recipes that you prepare beforehand and then freezer or refrigerate until ready to heat. Inside this make ahead cookbook, you will find 25 delicious recipes that are designed to be prepped days in advanced to save you time and energy. Every recipe that you ll find inside the pages of this book has been tested for accuracy, includes a complete ingredient list, serving size and cooking time, and is written in a simple step-by-step manner that is easy to follow. The recipes range from breakfast, both on-the-go and more elaborate dishes, lunches perfect for all ages, and dinners that will please even the pickiest of eaters. You will also find several dump meal recipes for your crockpot, which lets you prepare all the ingredients in a freezer bag ahead of time so when you re ready to cook you just dump the contents of the bag into the crockpot and be done with...

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