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CLINICIAN S GUIDE: GETTING BETTER BIT(E) BY BIT(E): A SURVIVAL KIT FOR SUFFERERS OF BULIMIA NERVOSA AND BINGE EATING DISORDERS (PAPERBACK)



Taylor Francis Ltd, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book. The publication four years ago of Getting Better Bit(e) by Bit(e), written by two eating disorder specialists at London's world-famous Maudsley Hospital, was a milestone in the treatment of bulimia. For the first time a self-help book was shown, by rigorous clinical trials, to cure a significant fraction of women suffering from bulimia, and to reduce the therapist contact time needed by others. Getting...

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- Authored by Janet Treasure, Ulrike Schmidt
- Released at 2015



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