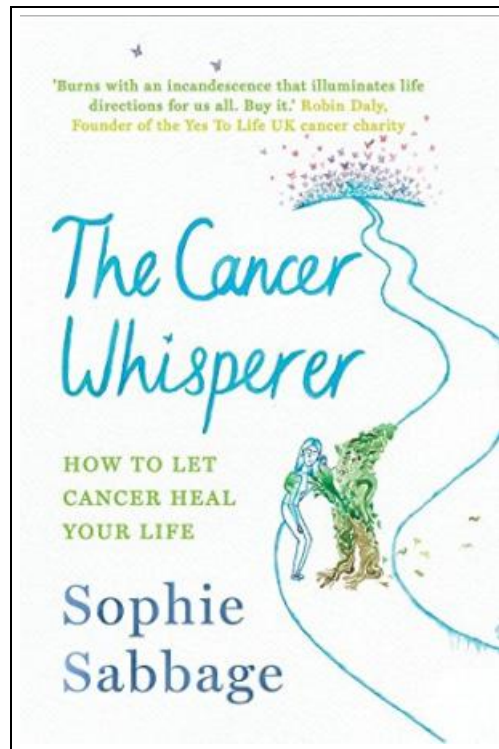


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Hodder Stoughton General Division, United Kingdom, 2016. Hardback. Condition: New. Language: English . Brand New Book. A brilliant book, for anybody who is living with cancer, and it affects us all.this is invaluable. - ITV LorraineThis book does not offer a cure for cancer. It offers a cure for your fear of cancer.Sophie Sabbage s breakthrough book combines practical advice with a new approach that turns traditional attitudes to cancer on their head. Sophie Sabbage was diagnosed with late stage incurable lung cancer in October 2014. She was 48 years old, happily married with a 4-year-old daughter. Since that day - when doctors told Sophie that her prognosis was poor - she has been on a remarkable journey of healing and transformation that has reshaped her vocation as well as changed her life for the better. The Cancer Whisperer chronicles Sophie s extraordinary relationship with cancer and the methods that she has used for dealing with fear, anger, denial and grief. The essence of cancer whispering was born of Sophie s determination to take cancer off the battlefield and into the classroom. Instead of going to war with it, Sophie has chosen to listen to it, learn from it and choose her own response to it.Sophie offers a radically different way of relating to this disease both mentally and practically: she shares the research she has done, the treatments she has chosen, the diet she follows and the resources that she feels have made the biggest differences in the hope that they will help others cut through the mass of information out there.Sophie says: This book is for the cancer patient who wants to remain a dignified, empowered human being even when your doctors and diagnosis are scaring the hell out of you. It is also for the cancer patient...



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