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## Flower Mandalas Workbook (Mandala Coloring Books for Adults): Grown-Ups Color Therapy Book for Meditation Relaxation

By Zen Journal Team

Speedy Publishing Books, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Mandala coloring books are all the craze at the moment and are especially suited to busy grown-ups who don't have a lot of spare time on their hands but do want to find a way of relaxing when they can find a few minutes of alone time. Meeting the need for new and fresh mandala designs, coloring book specialists the Zen Journal Team are proud to announce the release of Flower Mandalas Workbook (Mandala Coloring Books For Adults), the third volume in their series of twenty Mandala coloring and activity books known simply as Magical Artwork Designs. The new found fascination with Mandala symbols lies in the fact that mandala art is unique and offers the opportunity to color designs and patterns that are unusual and varied. The patterns in this appealing new coloring book feature a wide variety of flower based geometric designs inspired by the ancient spiritual mandala drawings and that will inspire the inner artist in everyone. With designs that range in difficulty from beginner to advanced and designed especially for the...



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### Reviews

*A top quality publication as well as the typeface used was intriguing to learn. Yes, it is play, still an amazing and interesting literature. I discovered this publication from my i and dad suggested this book to learn.*

-- **Prof. Louvenia Flatley**

*This book is indeed gripping and interesting. It really is rally exciting throgh studying period. Its been written in an extremely easy way and is particularly merely soon after i finished reading this book through which in fact changed me, affect the way i think.*

-- **Aisha Lemke**