



Blood Glucose Monitoring Log: Record Your Blood Sugar Levels, Up to 6 Times/Daily for an Entire Year in This Journal

By Karen R Delaporte

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Monitor blood glucose and record blood sugar numbers in this one-year journal. Space is provided for up to six times per day: Breakfast, Mid-morning, Lunch, Mid-afternoon, Dinner, and Nighttime. Record adjustments made/meds taken. Record Vitals - including blood pressure, temperature, height, weight, pulse, oxygen level in blood. Customizable charts included, as well as space to jot down questions/results of doctor appointments.

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