



Self Help Books: 2 Manuscripts - Master Self Discipline with 9-Steps Formula, Habit Makes Perfect: Morning Rituals of 12 Most Successful People (Paperback)

By Sandeep Sharma

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Master Self Discipline with 9-step formula and harness your greatness! A Proven 9 Step formula To Teach You How To Develop Self Discipline, Get Organized and Make Things Happen. Take Control Of Your Life And Achieve Everything You ve Ever Dreamed of by mastering self discipline! Why do we need to master self discipline? Or why is self discipline so important in life? These are the questions I asked myself when I was in college. I did my research and found that every successful person on this planet is master of self discipline. They know exactly what they need to do and when. It s very simple- when you are self disciplined then you are conscious. You are focused, and spend your time and energy on activities which you must do. That results in success which boosts your confidence, willpower and your greatness! So, I challenge you to challenge yourself, master self discipline and harness your greatness TODAY! Here is a preview of what you ll learn in this book: What is self discipline and why is it so important...



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