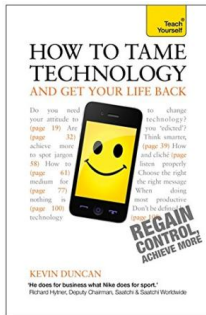


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## HOW TO TAME TECHNOLOGY AND GET YOUR LIFE BACK: TEACH YOURSELF



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- Authored by Kevin Duncan
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