

How to Cook Comfort Food on a Tight Budget, Home Economy

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Reviews

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HOW TO COOK COMFORT FOOD ON A TIGHT BUDGET, HOME ECONOMY



W Foulsham & Co Ltd. Paperback. Book Condition: new. BRAND NEW, How to Cook Comfort Food on a Tight Budget, Home Economy, Catherine Atkinson, This is good food with strong nutritional value, for people whose cookery skill is NIX. Fresh food is much cheaper to buy and can eat like you're in TGI Friday, your local Curry House or Trattoria. We include The Complete Menu description of the book's recipes to show how the book will eat.! Every recipe is described as it might be in a Restaurant Menu! Readers will identify enough Want-to Eat dishes to make the book irrisistable. Look at this for instance .Mexican Chicken: Chilli features here - spicing up cubed chicken breast, pan cooked alongside seasoned tomatoes and onions - then grilled to finish off a cheese and tortilla chip topping.

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