



## How Absorbent Are Your Shocks?: Everyday Resiliency Tools (Paperback)

By Marilyn R. Orr

WestBow Press, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.When was the last time you gave yourself more maintenance time than you gave your vehicle? The demands of everyday life are such that we need to be pay attention to our personal capacity. How Absorbent Are Your Shocks? will give you tools to increase your capacity and ability to bounce back from the stuff life throws at you. Written by a successful executive and business coach, How Absorbent Are Your Shocks? will get you creating custom-built strategies for your own unique life.



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