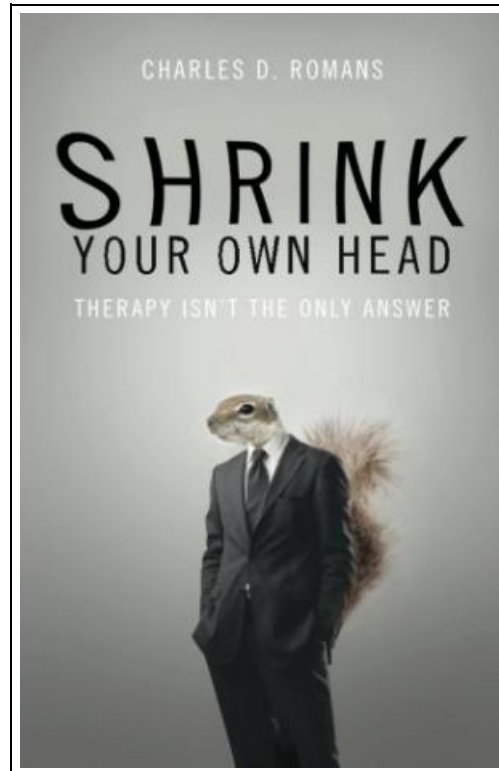


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SHRINK YOUR OWN HEAD: THERAPY ISN T THE ONLY ANSWER



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Tate Publishing Enterprises, United States, 2012. Paperback. Book Condition: New. 208 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.What your family wants. What your friends think. What the media tells you. It s all fun and games until somebody loses an I. Shrink Your Own Head shows you how to avoid losing your I , think for yourself, and be aware of the influences on your life. We are all born with a blank slate, after all, but our parents and other family members-even strangers-begin to write upon that slate long before our chubby little fingers can even hold the chalk, says humorist and author Charles Romans. In this quick and witty read, Romans examines how things affect us and why it s a good idea to open our minds and see who s poking around inside. With refreshingly honest quips like You are my best friend in the whole world.so far and We ll get along fine if you believe everything I say, Shrink Your Own Head is a perfect blend of advice and hilarious observations of life. You ll learn how to define what makes you happy, conquer fear, and develop meaningful friendships. Romans reminds readers that you are the center of your own universe, and it s up to you to choose where you re headed and how you re going to get there. So why spend big bucks on a therapist when you can Shrink Your Own Head?.



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