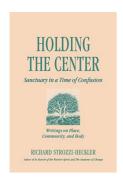
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## HOLDING THE CENTER (PAPERBACK)



North Atlantic Books, U.S., United States, 1998. Paperback Condition: New. Language: English. Brand New Book. As in all his books, Heckler draws from personal experience: training his horse, cultivating presence in aikido dojos, consulting with business executives, raising children. A masterful and encompassing book, Holding the Center develops from the fulcrum of the self in the natural world. Many of Heckler's lessons arise from his life as a householder and father. Community is a larger family--we make alliances to...

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- Authored by Richard Strozzi-Heckler
- Released at 1998



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