



Love Your Body: A Positive Affirmation Guide for Loving and Appreciating Your Body

By Louise L. Hay

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Love Your Body: A Positive Affirmation Guide for Loving and Appreciating Your Body, Louise L. Hay, "Each part of your body will be working perfectly as a harmonious whole. You will even find lines disappearing, weight normalizing, and posture straightening." (Louise L. Hay). In Love Your Body, Louise L. Hay brings you 54 affirmation treatments designed to help you achieve a beautiful, healthy, happy body. If you find yourself challenged by a particular part of your body, use the appropriate affirmations daily until you achieve positive results.



Reviews

Completely essential read through publication. It normally does not expense excessive. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Morris Cruickshank

This book might be worth a read, and superior to other. Of course, it really is engage in, still an interesting and amazing literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Prof. Valentin Hane MD

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