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## Gentle Warriors (Paperback)

By Jo Mitchell

Createspace, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. What American author Frances Mayes accomplished with *Under the Tuscan Sun*, Australian writer Jo Mitchell has given us with *Gentle Warriors* - a woman's journey to find meaning when she realizes that age has irrevocably changed her world. *Gentle Warriors* provides a poignant and often funny look at what it means to move beyond the anxieties of growing older in a youth-obsessed culture. We eagerly follow her anthology of musings about ageing, money, coming to terms with the past, adult children, loss, travel, menopause, and romance. This joyously seductive book pulls us into an Australian landscape that's filled with the beauty of nature as well as the most delicious culinary creations. *Gentle Warriors* knows no boundaries - we are led to ponder our own milestones to find new meanings. It's a timely lesson for us all about ageing well and how to embrace life after fifty. I've written this book to share my thoughts and feelings on life after fifty in the hope that other women (and men) may find resonance and enjoyment with what I think and...



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### Reviews

*Great e-book and helpful one. It usually fails to cost an excessive amount of I discovered this publication from my dad and i encouraged this pdf to find out.*

-- **Meagan Beahan**

*This type of publication is almost everything and helped me looking forward and much more. I am quite late in start reading this one, but better then never. You wont really feel monotony at whenever you want of your own time (that's what catalogs are for relating to if you ask me).*

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