



## Surviving Bullies and Mean Teens (Hardback)

By Mary P Donahue

Enslow Publishing, 2018. Hardback. Condition: New. Language: English . Brand New Book. Your readers will tell you, dealing with mean people is the worst. Whether it is a very familiar, lifelong bully or someone new, there are some people who are just hard to handle. Add to that the different ways that a teen s life is changing and developing in high school, thanks to relationships, social media, and other pressures. With more access to a person s life, there is more potential for a mean person to grab hold. This book explains how bullying happens and offers solutions for teens to get through it safely. They ll be given tips and strategies designed to help them make healthy choices, leading to a happier life, minus the bullies.



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