



The Daniel Sugar Diet Cookbook: Get Rid of Sugar Fat Reduce Blood Pressure in 21 Days (Paperback)

By Kiara Harris

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Diabetes - Insulin levels decreased by 23 Body - No More Toxins High Blood Pressure - Improved/Normal Cholesterol Level - Lowered Energy - Increased significantly Sugar Cravings - No Longer a Factor Weight Loss - Significant What Do All of These Positive Results Have In Common They are all the common result people experience after completing the Daniel Sugar Diet! What is the Daniel Sugar Diet you ask The Daniel Sugar Diet was developed from the very successful and effective, the Daniel Fast. This particular fast is a partial fast, where participants consume a restricted diet. We use the power and successful techniques of the Daniel Fast and combine it with recipes that specifically cater to individuals with diabetes, high blood pressure, and high cholesterol. This combination releases the effective power of both techniques which provides each individual with amazing life changing results. This book has over 31 UNIQUE RECIPES as you go through your 21 day diet/fast so you can stay motivated and not get bored eating the same foods all the time like other restricted diets. Scroll Up, Grab Your...



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Reviews

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-- **Natasha Rolfson**

The publication is great and fantastic. It is packed with knowledge and wisdom You will like how the article writer publish this publication.

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