



Rising Sun: The Second Dawning Soul Consciousness (Paperback)

By Cynthia Sandridge

Balboa Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Rising Sun: The Second Dawning Soul Consciousness is an empowering tool designed to illuminate the infinite center of self. It is a collection of spiritual poems that honor holistic pathways for healing suffering. Insights of self-actualization strengthen acknowledgement of the all-powerful presence within, and a transcendent bridge of conscience connection transforms fragmented beliefs of a separate self to knowing the enlightened oneness of creative expression. Nurturing inner awareness, the book includes simple self-care activities such as breath work, visualization, introspection, mindful meditations and self-analysis allow the light of the immortal nature within to shine through to the forefront of awareness. As the greater light of inner peace dawns, the reality of divine attributes broadens, expressed accordingly as the birth of a new day for you.

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