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Profound Healing: The Power of Acceptance on the Path to Wellness (Paperback)

By Cheryl Canfield

Inner Traditions Bear and Company, United States, 2003. Paperback. Condition: New. Original ed.. Language: English . Brand New Book. A woman faced with advanced cancer shares the story of how preparing to die led her to experience a profound healing on all levels--physical, emotional, and spiritual. - Explores the practical and spiritual aspects of confronting a life challenge as a springboard for spiritual growth. - Includes accounts of dreams, exercises, and visualizations that inspire profound healing. - Outlines 12 self-help practices of wellness--emotional clearing, meditations, and lifestyle changes--through the living example of a cancer survivor. - By the co-compiler of the spiritual classic Peace Pilgrim: Her Life and Work in Her Own Words. At the age of 41 Cheryl Canfield was diagnosed with advanced cervical cancer. Going against warnings from doctors, she rejected proposed surgeries that would involve removing her uterus, cervix, lymph nodes, and surrounding nerves. Instead, she decided to accept death and focused her energy on attempting to die well. In the process, she cured herself. Profound Healing is Canfield's down-to-earth account of her journey as she inadvertently experiences a modern-day miracle, and her subsequent reflections on physical, emotional, mental, and spiritual healing. More than a biography,...



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Reviews

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