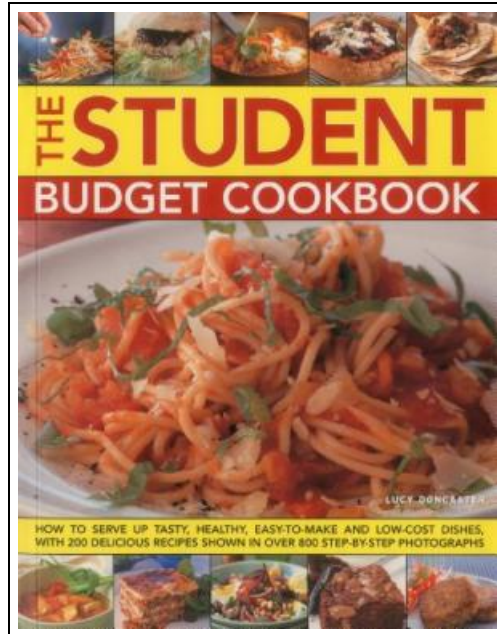


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Reviews

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THE STUDENT BUDGET COOKBOOK: HOW TO SERVE UP TASTY, HEALTHY, EASY-TO-MAKE AND LOW-COST DISHES, WITH 200 DELICIOUS RECIPES SHOWN IN 800 STEP-BY-STEP PHOTOGRAPHS



Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Student Budget Cookbook: How to Serve Up Tasty, Healthy, Easy-to-make and Low-cost Dishes, with 200 Delicious Recipes Shown in 800 Step-by-step Photographs, Lucy Doncaster, This book shows how to serve up tasty, healthy, easy-to-make and low-cost dishes, with 200 delicious recipes shown in 800 step-by-step photographs. This is the ultimate low-cost cookbook for every student who needs to rustle up fantastic food that is cheap, delicious and hassle-free. It features 200 inspiring recipes for low-cost yet mouth-watering soups, starters, main courses and desserts - here's how to feast for hardly anything on meal of a hearty Tuscan soup, baked peppers with egg and lentils or Irish stew, all finished off with a magic chocolate mud pudding. It includes expert tips for saving money in the kitchen without compromising on quality, quantity or taste. This book offers all you need to know to create great-value meals that are good for you too. Every recipe is shown step-by-step in over 800 beautiful colour photographs, making the book easy to follow for even first-time cooks. It includes complete nutritional information for every recipe to help you plan for healthy cooking and special diets. Here's how to create amazingly low-cost meals that are tasty, varied and nutritious. Using great-value ingredients, a delicious two-course meal can cost you less than a take-away burger. A useful introduction first gives practical advice on getting the most out of your shopping and how to get the best value, flavour and quality for your money. Simple recipes for such basics as custard, pastry and chicken stock reduce the need for pricey ready-made products, as well as being healthier and tastier. Over 200 tested recipes then show step by step how these principles can be put into practice to produce fabulous...

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