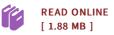


Natural Pregnancy, Natural Baby: Second Edition Natural Remedies from Preconception to Postpartum

By Dr. Stacey Rosenberg

XLIBRIS. Paperback. Condition: New. 332 pages. Dimensions: 9.0in. x 6.0in. x 0.8in.Natural Pregnancy, Natural Baby provides 320 pages of prevention, tips, remedies and resources to help from preconception to pregnancy, birth and the postpartum period. It includes fertility advice, nutrition, prenatal bonding, comfort measures, massage, herbs, homeopathy, ergonomics, chiropractic, exercises, acupressure, yoga, breastfeeding advice, birth stories and much more! For more information: www. naturalpregnancynaturalbaby. comBook-2. Natural Pregnancy, Natural Baby is a well thought out compendium for the expectant mother, put together by an author who has firsthand knowledge of the process and can back it up with the right dose of research and scientific background. Dr Rosenbergs book shines a light on the myriad of alternatives and empowers the reader to not only enjoy the fruits of ones labour but to savour the ride as well. The pleasant bonus of this book is that its audience, expands to all those involved in welcoming a baby as well as to individuals who merely wish to use complementary methods to enhance their own health and well-being. - Ingrid Ferrer, BSc. BSc. (clinical), DC Thank you so much for your book. It really puts a lot of amazing tips and relevant information at...



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