



## Secret of Happiness: Instant Happiness--Here and Now! (Paperback)

By Sirshree

Createspace Independent Publishing Platform, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Attaining True Happiness--Here and Now! In the eternal quest for happiness, we go through seven levels of happiness until we attain what we have always wanted. eternal bliss. - Artificial happiness: At this level, happiness does not even actually exist. It is just little false pleasure that make a person feel happy for a moment. - Second hand happiness: This is pleasure derived by making fun, taunting, bullying or troubling others. - Stimulation happiness: This happiness is aroused by excitement. - Formula happiness: This kind of pleasure is created by applying a formula. For example, the formula for most people is Television + Dinner = Enjoyment. - Happiness through service: This is the first amongst higher levels of happiness where an individual derives happiness out of serving others. - Divine happiness: In this kind of happiness, a person experiences joy due to his devotion and surrender to the Higher Self. - Eternal Bliss: The ultimate stage of everlasting pure happiness. This book shall teach you to move to higher levels of happiness. It will open a pathway to true and...



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*An exceptional ebook along with the typeface applied was intriguing to read. It is definitely simplistic but unexpected situations within the fifty percent of the publication. You are going to like just how the writer publish this pdf.*

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