



Mountain Adventures in the Maurienne

By Andy Hodges

Cicerone Press. Paperback. Book Condition: new. BRAND NEW, Mountain Adventures in the Maurienne, Andy Hodges, A multi-activity guidebook to a range of mountain adventures in the Haute Maurienne region of south east France. The book offers a collection of the finest day walks, scrambles, rock climbs, via ferratas, treks and mountain biking and road cycling routes, offering all the inspiration needed for a multi-activity or family holiday. Perfect for 'mid-grade' independent adventure sport enthusiasts, the Haute Maurienne is a fabulous stepping stone between the mountains of the UK and the highest Alpine peaks. Routes vary from pretty Alpine lake rambles to mammoth mountain bike routes and include the normal route to the summit of Dent Parrachee, the Matterhorn of the valley that can be reached without crossing a glacier, and arranged by difficulty. Information about facilities and grades for each activity are carefully explained and routes are illustrated with sketch maps, topos and profiles and inspiring photographs of mountaineers in the action among the Alpine scenery.



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