



The Psychology of Trading: Tools and Techniques for Minding the Markets

By Steenbarger, Brett N.

Wiley, 2002. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Chapter One: The Woman Who Could Not Love. Manufacturing Cars and Success.Sue, the Survivor.Finding Solutions amidst Problems.Accelerating Change by Doing What Comes Unnaturally. Going against the Flow with Sue. Finding Solutions. The Fearless Trading Inventory. An Inventory of Solutions. Enacting the Solutions. Conclusion. Chapter Two: The Student Who Wouldn't Study. Ken, the Failure. Diversification in Life and Markets. The Psychology of Paralysis. Decisions and Uncertainty. Altering the Risk-Reward Equation. Shifting Risks and Rewards in Trading. Music, Moods, and Pivot Chords. Tom's Pivot Chord. Breaking Routines.Breaking the Routines of Trading.Conclusion.Chapter Three: The Woolworth Man.The Interview from Hell.Observing Patterns.Invoking the Internal Observer.Rule-Governed Trading. Taking Your Emotional Temperature. In oculating Yourself against Stress. Effort and Emotional Change. The Trader as Addict: Breaking Stops. Becoming More Rule-Governed in Trading. Using Emotion to Make the Contrary Move. Conclusion. Chapter Four: Traders Out of Their Minds. The World's Most Powerful Glasses. Phil, the Addicted Trader. Exploring the Dual Mind. The Mind of the Trader. Solution-Focused Money Management. A Trade from the Couch. Shifting Selves in Trading. Stationarity and the Moods of the Markets. Conclusion. Chapter Five: Mary, Mary, Quite Contrary. Getting inside Mary's Journal. Afflicting the Comfort Zone.Repeating Patterns.Changing Repetitive Patterns.Doing What Comes Unnaturally.Resisting What Is Best for You.Creating Powerful Emotional Experiences in Trading.Conclusion.Chapter Six: The Evil Spiders.Communication and Metacommunication. Metacommunications in Trading. The Communications of Traders' Bodies. The Mind beneath the ...



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Reviews

The ebook is not difficult in read through easier to comprehend. Of course, it is perform, nonetheless an interesting and amazing literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Haylee Grimes PhD

The book is fantastic and great. It generally does not expense excessive. Its been designed in an exceptionally easy way and it is simply right after i finished reading through this book by which really changed me, change the way i think.

-- Adolfo Lindgren