

## Ingredients: A Visual Exploration of 75 Additives 25 Food Products (Hardback)



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### Reviews

*This is an awesome publication i have at any time read. Of course, it is play, still an interesting and amazing literature. You will like just how the author write this book.*

**(Prof. Herta Mann)**

**INGREDIENTS: A VISUAL EXPLORATION OF 75 ADDITIVES 25 FOOD PRODUCTS (HARDBACK)****DOWNLOAD**

Regan Arts, United States, 2015. Hardback. Condition: New. Language: English . Brand New Book. In the bestselling tradition of *The Elements* and *Salt Sugar Fat*, an unprecedented visual exploration of what is really inside our food, setting the record straight on the controversial and fascinating science of chemical and synthetic additives in processed food--from Twinkies and McNuggets to organic protein bars and healthy shakes. What's really in your food? We've all read the ingredients label on the back of a can, box, or bag from the grocery store. But what do all those mysterious-sounding chemicals and additives actually do? Focusing on 75 of the most common food additives and 25 ordinary food products that contain them, acclaimed photographer Dwight Eschliman and science writer Steve Ettlinger demystify the contents of processed food. Together they reveal what each additive looks like, where it comes from, and how and why it is used. Essential for everyone who is concerned about the wholesomeness of their diet or merely curious about polysorbate 60 or tertiary butylhydroquinone, *Ingredients* is a visually and scientifically stunning journey from ketchup to Cool Whip. You'll be surprised at what you find. \* \* \* *Ingredients* focuses on processed food additives from acesulfame potassium to xanthan gum, including artificial and natural flavorings, sweeteners, colorings, preservatives, thickeners, emulsifiers, desiccants, and more. It also shows what is inside Amy's Burrito Especial, Campbell's Chunky Classic Chicken Noodle Soup, Doritos Cool Ranch Flavored Tortilla Chips, Dr. Pepper, General Mills Raisin Nut Bran, Hebrew National Beef Franks, Heinz Tomato Ketchup, Hidden Valley The Original Ranch Light Dressing, Hostess Twinkies, Klondike Reese's Ice Cream Bars, Kraft Cool Whip Original, Kraft Singles - American Skim Milk Fat Free, McDonald's Chicken McNuggets, MorningStar Farms Original Sausage Patties, Nabisco Wheat Thins, Naked Green...

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