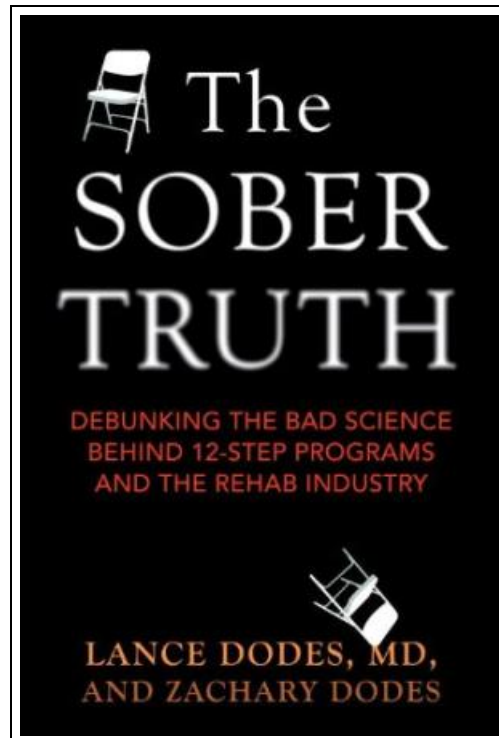


The Sober Truth: Debunking the Bad Science Behind 12-step Programs and the Rehab Industry (Hardback)



Filesize: 2.72 MB

Reviews



This ebook is definitely not easy to get going on looking at but quite fun to learn. We have read and so i am sure that i will gonna study once more yet again later on. I am very happy to inform you that here is the finest publication i actually have read inside my personal daily life and might be he best publication for possibly.

(Sister Langosh)

THE SOBER TRUTH: DEBUNKING THE BAD SCIENCE BEHIND 12-STEP PROGRAMS AND THE REHAB INDUSTRY (HARDBACK)

[DOWNLOAD](#)

Beacon Press, United States, 2014. Hardback. Book Condition: New. 230 x 154 mm. Language: English . Brand New Book. An expose of Alcoholics Anonymous, 12-step programs, and the rehab industry and how a failed addiction-treatment model came to dominate America. AA has become so infused in our society that it is practically synonymous with addiction recovery. Yet the evidence shows that AA has only a 5-10 percent success rate hardly better than no treatment at all. Despite this, doctors, employers, and judges regularly refer addicted people to treatment programs and rehab facilities based on the 12-step model. In *The Sober Truth*, acclaimed addiction specialist Dr. Lance Dodes exposes the deeply flawed science that the 12-step industry has used to support its programs. Dr. Dodes analyzes dozens of studies to reveal a startling pattern of errors, misjudgments, and biases. He also pores over the research to highlight the best peer-reviewed studies available and discovers that they reach a grim consensus on the program's overall success. But *The Sober Truth* is more than a book about addiction. It is also a book about science and how and why AA and rehab became so popular, despite the discouraging data. Dr. Dodes explores the entire story of AA's rise, from its origins in early fundamentalist religious and mystical beliefs to its present-day place of privilege in politics and media. *The Sober Truth* includes true stories from Dr. Dodes's thirty-five years of clinical practice, as well as firsthand accounts submitted by addicts through an open invitation on the *Psychology Today* website. These stories vividly reveal the experience of walking the steps and attending some of the nation's most famous rehabilitation centers. *The Sober Truth* builds a powerful response to the monopoly of the 12-step program and explodes the myth that...

-  [Read *The Sober Truth: Debunking the Bad Science Behind 12-step Programs and the Rehab Industry \(Hardback\)* Online](#)
-  [Download PDF *The Sober Truth: Debunking the Bad Science Behind 12-step Programs and the Rehab Industry \(Hardback\)*](#)

Other Books

**Your Premature Baby The First Five Years by Nikki Bradford 2003 Paperback**

Book Condition: Brand New. Book Condition: Brand New.

[Read Book »](#)

**A Friend in Need Is a Friend Indeed: Picture Books for Early Readers and Beginner Readers**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book *****
Print on Demand *****.LIKE Publishing presents its Reader series. Based on famous proverbs, these readers teach...

[Read Book »](#)

**World of Reading: Minnie A Walk in the Park: Level Pre-1**

Disney Press. Taschenbuch. Book Condition: Neu. Gebraucht - Sehr gut ungelesen, sehr guter Zustand; Rechnung mit MwSt.; unused/unread, very good condition; - Walking dogs can be RUFF! Minnie, Daisy, and Cuckoo-Loa are having a tail-waggin'!

[Read Book »](#)

**Weebies Family Halloween Night English Language: English Language British Full Colour**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book *****
Print on Demand *****.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

[Read Book »](#)

**Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age**

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Read Book »](#)