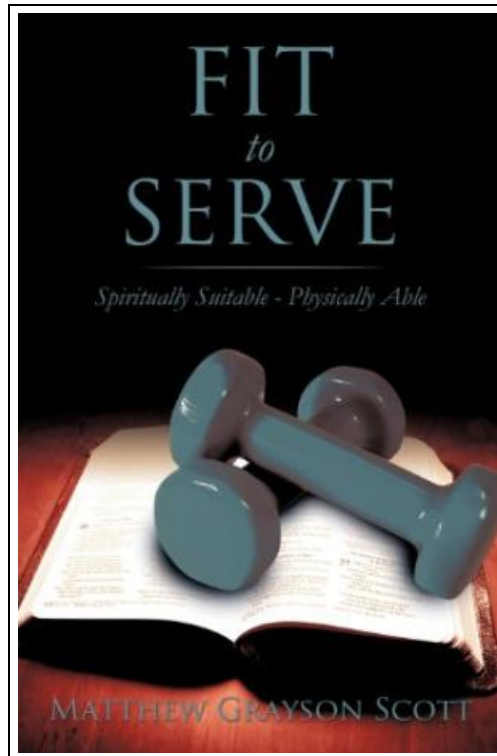


## FIT TO SERVE



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## FIT TO SERVE



Xulon Press. Paperback. Book Condition: New. Paperback. 366 pages. Dimensions: 8.4in. x 5.6in. x 1.0in. As the apostle Paul, I proclaim that I come not with excellency of speech or of wisdom. My intellectual education consists of High School and 6 consistent years of education in the Health and Fitness field. Occupationally, I am a former fitness and nutrition trainer and health club owner. During my time in this career I have conducted seminars, and personally trained thousands. Spiritually, I came to know Jesus as my Lord and Savior at a young age and have served in church all of my life. Now I teach Sunday school, Christian Counsel, and conduct FIT TO SERVE presentations. My wife and I not only teach others about the importance of physical and spiritual fitness, but personally know the priceless value of these principles in our faith, marriage, and ministry. God completely caught me by surprise with the insights He gave in this book. I trust that you will be just as impacted by Fit to Serve as I have been and continue to be! Make no mistake about it; I am not a writer by nature. Any good thing that comes from this book is not from me. As God has told us in His Word, He truly chooses simple people to do miraculous things. I pray you will read this book with an open heart, from one simple person to another. CONTACT INFORMATION: It is our goal to promote Christ and the message of Fit to Serve around the country. If you would like for us to visit your church, book store, fitness center etc. please contact us. For more information, live updated testimonials, and to see when we are coming to your area, please visit our website. [www.befittoserve.com](http://www.befittoserve.com) [befit2serve@gmail.com](mailto:befit2serve@gmail.com)...



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