



## Physiology and Calisthenics: For Schools and Families (Classic Reprint)

By Catharine Esther Beecher

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Excerpt from Physiology and Calisthenics: For Schools and Families The following are the distinctive advantages offered in this work: 1. A system of physiology divested of all needless technics. Most school-books on this subject are so encumbered with terms needed only by professional men, as to render them repulsive, and to double the labor both of reading and study. In this work no technical term is employed when a word in common use will express the same idea. Those who prefer the hard words can collect them and give them as a separate lesson. 2. A short, easy, and comprehensive course of physiology and hygiene. There are thousands of the curious and wonderful contrivances of the human body that must be omitted. The proper rule for selection is to take those that can be made practical in enforcing the laws of health and life. It is believed that this work contains a greater amount of this kind of knowledge than any other school-book, and in a much shorter compass. 3. A work that is so popular in...

DOWNLOAD



READ ONLINE  
[ 8.03 MB ]

### Reviews

*This composed pdf is great. It usually will not cost too much. I am very easily can get a pleasure of reading a composed book.*  
-- Luis Klein

*A must buy book if you need to adding benefit. it was actually writtern quite perfectly and beneficial. You wont really feel monotony at anytime of your time (that's what catalogs are for regarding in the event you question me).*  
-- Kian Jacobi